

PRACTICE IMPROVEMENT STEERING COMMITTEE

January 9, 2014 Meeting
Michigan Association of CMH Boards Building
426 South Walnut Street, Lansing 48933
Minutes

Attendees on Site

Mark Lowis
Lori Mitchell
Alyson Rush
Mary Ludke
Ray Gonzalez
Kim Batsche
Heidi Wale
Colleen Jasper
Beth Meints
Luann Gray
Karen Cashen

Attendees by Phone

Rosa Thomas
Josh Snyder (Northwest MI)
Darren Lubbers (Ottawa)
Mary Ruffolo
Nancy Murphey
Lucy Wilcox
Jill Krause
Bev Wicamp
Ann Reed

I. Welcome and Introductions

All were welcomed and everyone introduced themselves.

II. Review/approval of 10/10/13 Minutes

Minutes are posted on the <http://improvingmipractices.org> website. Members may review and suggest edits to lowism@michigan.org

III. Agenda

Heidi Wale has been added to the agenda to discuss the standard of practices for behavioral supports and the way agencies are insuring practices are according to the technical requirements.

IV. Administration Updates – *Liz Knisely*

Liz Knisely was not available for comment

V. Cognitive Enhancement Therapy (CET) – Ray Gonzalez, Cleveland Ohio

- Mark announced the guest and announced that pursuant to the Statewide goal for increasing the range of evidence based practices (EBPs) for persons and families in Michigan that CET was being presented and if anyone wants to implement, the state is considering funding CET at a couple of sites in order to determine the efficacy of the model for the people we serve.
- The presenter demonstrated CET with a PowerPoint presentation and discussion with the practitioners. For agencies who may be interested, contact

Mark at lowism@michigan.gov. Mark will post this presentation on the Improvingmipractices.org website.

- VI. Heidi Wale posed a question for discussion. “How are agencies implementing and maintaining the standard of practice for behavioral supports?” Discussion reached agreement that there may be variances across providers and that the standard of practice needs to be reviewed and providers helped to adopt current practices. Rosa Thomas requested a work group to study and develop a means of insuring the standard of practice is correct across all agencies. Heidi will chair this subcommittee.
- VII. Focus on Innovation /Advancement –
- Common Elements project update and beta-tester recruitment – *Mary Ruffolo*
 - Mary Ruffolo provided the PowerPoint presentation for the common elements initiative and described use of the modules. Modules are expected to go live on <http://improvingMIpractices.org> (IMP) within a week.
 - improvingMIpractices updates – *Alyson Rush*
 - The improvingmipractices.org had 14,899 distinct visitors and 46,786 pages were viewed during the period October 1 – December 31, 2013
 - The classes currently online:
 - Motivational Interviewing Modules 1-10
 - Motivational Interviewing Modules 11-15
 - VASE-R
 - Midwest Behavioral Health Research Consortium
 - FPE-Facilitator Blended Training
 - Older Adults General
 - DBT-proficiency exam and DBT introduction
 - ACT for Psychiatrists and Nurse Practitioners
 - There will be more filming for FPE this month for day 1 of the 3-day FPE Facilitator training.
 - Modules 1-5 for motivational interviewing are finished, but modules 6-15 are currently being revised.
 - The 3 DDDs (Depression, Dementia, and Delirium) course is currently being developed to be in the Older Adults section open to everyone.
 - There are two trauma learning modules on the five principles of trauma-informed care and self-assessment that are currently being developed by Community Connections
 - Steve suggested a pre-test and post-test to demonstrate value-added for some courses.
 - The state listservs (MIMIT, DBT, FPE, and COD) will be transferred to a forum in the website.
 - There is a discussion forum in every “course” that is available for participants to give feedback.
 - The front page of the website has been redesigned to look more colorful and user-friendly.

- Currently working to secure CEUs and CACs. Meeting with children's section about working together with their provider number

VIII. Updates on MACMHB-associated trainings/conferences & Integrated Health Learning Community

- There was an Integrated Health Learning Community (IHLC) training in November and an upcoming one in February.
- Dialectical Behavioral Therapy (DBT) trainings have been posted and filling up fast.
- Motivational Interviewing trainings and coachings are continuing at the agency, regional and statewide level with maximum attendance. Motivational Interviewing and Co-occurring Disorders has been scheduled in Grand Rapids on January 31st and February 1st.
- Mark and Morgan are providing an Autism Spectrum Disorder (ASD) training with counseling skills training in Gaylord on January 27th
- TREM and MTREM trainings continue. The schedule is posted on both the improvingMIpractices.org and MACMHB website
- Trauma CBT continuing training is ongoing as well.

IX. Discussion/updates on EBP Development & Implementation

- Updates (as indicated) from existing PISC Subcommittees/workgroups

Measurement – Kathy Haines

- Kathy was not available to give an update.

Strength-Based Strategies – Mark Lewis

Statewide Motivational Interviewing Initiative – Mark Lewis

- In 2013 the MIMIT trainers develop by the state was able to track over 2000 persons trained across the system including case managers, peers, social workers, psychologists, educators, physicians, housing, supported employment staff, medical staff, ACT and IDDT team members, and administrators.
- MI has been added to the MIFAST ascertainment strategy for the UP with each agency completing the VASE-R and using the scoring in connection with a MIMIT trainer to develop a plan to strengthen and sustain these skills
- Continuing Development of the 41 trainers is ongoing with quarterly learn and share as well as dedicated meetings to provide opportunities to advance trainer skills and keep up with new information on the model

ITCALC – Mark Lewis

- The ITCALC met in December and discuss the need to continue to ascertain the degree to which providers can demonstrate full integration of Co-occurring care, as well as integrating health care. One indicator that

will be measured will be the degree to which providers match the national data on ratios of COD/Total cases being served.

- DDCAT has been added to MIFAST

Supported Employment – Jo Longcor

- Jo was not available to give an update.

Trauma Subcommittee – Colleen Jasper

- Colleen Jasper discussed the schedule of TREM and MTREM trainings across the state. The Trauma Subcommittee is also developing material that agencies can use to determine the degree of Trauma Focused knowledge across practitioners. The data can be used to ascertain additional training and consultation for Trauma practice
- Mary Ludke described the continuing Trauma CBT training, consultation and feedback activities designed to enhance and sustain practitioner skills. Mary discussed the evidence of TCBT as a powerful evidence based method and the need to maintain activities to boost and sustain skills.

PMTO – Luann Gray

- Luann gave an update on PMTO activities from the last quarter and discussed upcoming trainings on PMTO. She announced specific trainings and their locations.

Assertive Community Treatment (ACT) – Alyson Rush

- Alyson discussed site visit activities as well as upcoming trainings including one in mid-April in the UP.
- 2 newly approved ACT teams at network 180 contracted through InterAct of Michigan

Family Psychoeducation (FPE) – Alyson Rush

- Alyson described the demonstration videos and materials on the improvingmipractices.org website. Participants were encouraged to view the videos when able to do so.
- FPE finished a November Facilitator blended training that went really well
- Older adult provider training on Hoarding in November

DBT Subcommittee – Phil Cave

- Phil provided a handout that chronicled DBT activities over the last quarter and MIFAST Pilot activities to be completed the second quarter. All DBT MIFAST reviewers will participate in a MIFAST Pilot review for the purpose of evaluating inter-rater reliability and strengthen the review process. 8 sites have volunteered for the pilot reviews
- Lucy Wilcox requested a formal process for accessing MIFAST site assistance visits from Mark to the PIHPs for dissemination and felt this was a necessary step for enhancing clarity of the method as well as expectations for participation.
- Mark will draft a memo for circulation

X. Adjourn

The meeting was adjourned at 12:00 p.m.

Next PISC meeting: April 10, 2014; 9:00am – Noon
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426 South Walnut Street, Lansing, 48933